TITLE: AZOLES RESISTANCE SCREENING TEST FOR CLINICAL ASPERGILLUS FUMIGATUS ISOLATES

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ABSTRACT:

Aspergillus spp. are opportunistic fungi being A. fumigatus the main causative agent involved in systemic infections with high mortality rates in immunocompromised patients. Considering their resistance to fluconazole (FCL) and the high toxicity of amphotericin B (AMB), voriconazole (VRC) has been indicated for treatment. However, reports of isolates also resistant to VRC, itraconazole (ITC) and posaconazole (PSC) are increasing. They show mutations in cyp51A gene encoding the 14 α -demethylase enzyme, a main azole target. At the University of Campinas Hospital (UNICAMP) - a tertiary and teaching hospital, many patients are susceptible to these pathogens (bone marrow transplant recipients, other immunocompromised and cystic fibrosis patients). This study aimed to evaluate a screening test for resistant Aspergillus isolates using methodology accessible to microbiology routines. Concentrations of 1 and 2µg/mL of ITC, 2 and 4µg/mL of VRC and 0.5 and 1µg/ml for PSC were incorporated to Mueller Hinton agar (MHA) with 2% dextrose. Several types of plates (96-well microtiter plates; 48 well cell culture plates and Petri dishes) were evaluated. *A. flavus* ATCC 204304 and 130 *A. fumigatus* clinical isolates were evaluated. Inoculum was established between 5.5 x 10⁴ and 2 x 10⁵ CFU/mL. All microorganisms considered resistant in the screening test and a significant number of the considered susceptible were submitted to the broth microdilution test (Clinical and Laboratory Standards Institute, CLSI M38-A2). A. flavus ATCC was susceptible to all concentrations. For ITC, 15 isolates showed resistance at 1ug/mL with 11 susceptible to 2ug/mL and 3 resistant isolates confirmed by microdilution. For VRC 19 isolates were resistant at 2ug/mL with 16 susceptible to 4ug/mL, and 3 resistants confirmed by microdilution. For PSC, 1 isolate was resistant at 0.5 and 1ug/mL, confirmed by the reference test. False-sensitive rate was 0.588% for VRC and 0% for ITC and PSC, that permits to conclude that MHA medium supplemented with 2% dextrose can be employed for screening with a satisfactory correlation with the reference broth microdilution method (CLSI 38-A2). Petri dishes showed better handling, easier to read results and lower cost. Due to the increasing need for surveillance for emergence of resistant Aspergillus isolates, this technique, can be indicated as an option for this large-scale screening, always followed by the microdilution test to confirm resistant isolates.

Keywords: Aspergillus spp.; Aspergillus fumigatus; antifungals; screening; resistantance.

Development Agency: Comissão de Aperfeiçoamento de Pessoal do Nível Superior (CAPES).